

The H&I Quarterly Newsletter Reaching Out  
Is Now Available Through The Internet Portal As A Free Electronic Subscription

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**Welcome to the home of the Electronic Version of Reaching Out.**

*We hope that the contents of this quarterly newsletter will assist you in your recovery or H&I effort. There are two sections to Reaching Out. The first section, titled "From the Inside" is filled with letters from incarcerated addicts, sharing their experience, strength, and hope as they find and maintain recovery from addiction through NA.*

*The second section, titled "From the Outside" is an opportunity for H&I subcommittees to offer their experiences obtained through carrying the NA message of recovery to addicts who are unable to attend regular meetings. You may also find personal experience from those members who heard the message on the inside and are now living and enjoying life on the outside.*

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**Can be downloaded from the World NA Web Site**

**[http://www.na.org/reaching\\_out/index.htm](http://www.na.org/reaching_out/index.htm)**

**Subscribe through the [www.na.org](http://www.na.org) Internet Portal to be notified when the next electronic issue becomes available!**

**If you are an H & I member or an addict that found NA and began your recovery while incarcerated, one of the ways you can be of service in NA is to subscribe to Reaching Out and do indirect H & I work by writing a letter for publication in the "From The Outside" section of this publication. WHEN SENDING A COPY TO SOMEONE ON THE INSIDE-NO STAPLES!**

***Reaching Out***  
**C/o NA World Services**  
**PO Box 9999 Van Nuys**  
**CA 91409 USA**

Gentleman:

I am an incarcerated addict (and will be for at least six more months). I would like to request a free subscription to *Reaching Out*. Thank You

(PLEASE print clearly – provide all of the information your institution requires for you to get mail)

Name of Institution \_\_\_\_\_

Your Name \_\_\_\_\_

Identification Number \_\_\_\_\_

Institution Internal Address \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State/Province \_\_\_\_\_ Zip/Postal Code \_\_\_\_\_

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